

Careers Year 10 scheme of work

Gatsby Benchmarks – 1.Stable Careers programme

Year 10's career programme is delivered during form time. Each session happens once a week on a **Thursday**. Students are issued an exercise book and folder to evidence the work they are doing in form. Students upload evidence to UNIFROG where appropriate.

All students will have the opportunity to complete **psychometric testing** during form time to gather information about themselves and how this data can inform future careers.

Lesson number	Title	Resources	CDI link
1	Introduction to Unifrog. Usernames and passwords reset (if needs be) General overview of platform	Username - students school email address Powerpoint Folders Exercise books	Grow throughout life. Grow throughout life by learning and reflecting on yourself, your background, and your strengths.
2	Importance of team work	Powerpoint	
3	Interests quiz – how do my interests differ from year 9?	Powerpoint	
4	Using the skills profile part 2: Skills test	Powerpoint	
5	The key to early work experience preparation	Powerpoint	
6	Exploring employer profiles	Powerpoint	
7	Preparing for recruitment	Powerpoint	
8	Careers Fair Preparation	Powerpoint	Manage Career Manage your career actively, make the most of opportunities and learn from setbacks.
9	Reflecting on my career journey: past, present and future.	Powerpoint	Explore Possibilities Explore the full range of possibilities open to you and learn about recruitment processes and the culture of

			different workplaces.
10	What type of career is best for me?	Powerpoint	Manage Career Manage your career actively, make the most of opportunities and learn from setbacks.
11	Preparing to go on Work Experience	Powerpoint	Create opportunities Create opportunities by being proactive and building positive relationships with others.
12	Researching placements or evidencing where I am going on WEX	Powerpoint	
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14	Professional behaviour in the workplace	Powerpoint	
15	Professional behaviour in the workplace	Powerpoint	
16	Well-being in the workplace	Powerpoint	Balance life and work Balance your life as a worker and/or entrepreneur with your wellbeing, other interests and your involvement with your family and community.
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18	Dealing with issues in the workplace	Powerpoint	
19	In person, hybrid, and remote: what works best?	Powerpoint	See the big picture See the big picture by paying attention to how the economy, politics and society connect with your own life and career.
20	In person, hybrid, and remote: what works best?	Powerpoint	
21	Using the personality profile	Powerpoint Computer room access	Manage Career Manage your career actively, make the most of opportunities and learn from setbacks.
22	How does my personality link to specific careers?	Powerpoint	
23	Careers and the curriculum	Powerpoint	
24	Careers and the curriculum	Powerpoint	
25	Recording what you have done so far. Why is this important?	Powerpoint	
26	The importance of being resilient and challenging ourselves in the workplace	Powerpoint	See the big picture See the big picture by paying attention to how the economy, politics and society connect

			with your own life and career.
27	How am I preparing myself for the workplace?	Powerpoint	
28	Social media and the workplace – LinkedIn	Powerpoint	
29	Public speaking – how can I improve this skill?	Powerpoint	
30	Managing teams effectively	Powerpoint	
31	How has work experience benefitted me?	Powerpoint	
32	Networking and the importance of community	Powerpoint	
33	Giving back once within the workplace	Powerpoint	
34	Preparing for year 11	Powerpoint	