

# Year 9 Guidance Scheme of Work KS3

## **External Visitors**

The School of Sexuality – contraception/ different types/  
Drug Educator's 'Dave Parvin' – Exploring the personal and societal impact of drugs.  
Loudmouth Education – Calling it out on sexual harassment  
NSPCC interview – some year 9 students involved in making a teacher training programme on PSHE  
Just like us – LGBTQ+ speaker  
Next generation awards – students become social action champions – improving well-being of the community.

**Assessment: At the beginning of each topic students are to mind-map their current knowledge on that topic e.g. Alcohol and Drugs. At the end of each topic students are to sit a formal assessment. Each assessment should last for 30 minutes. Class teacher will need to mark the assessments and go through model answers.**

## **Sequencing and rationale:**

### **Health education**

Students use existing knowledge on how drugs affect the body and brain to understand the detrimental effects of alcohol abuse. Knowledge on the law and drugs is used to better understand one's responsibilities in society. Practical skills are taught regarding how to reduce the effects of peer pressure. Practical first aid skills are refreshed with additional knowledge regarding how to use an AED embedded into the lesson.

### **E-Literacy**

Students look at peer on peer abuse online and how this affects the victim and their families. Using prior knowledge students apply their knowledge on cyberbullying and discuss the long-term consequences to both the victim and perpetrator.

### **Relationships**

Building on knowledge regarding healthy and unhealthy romantic relationships, there is a focus on how to be safe within sexual relationships. Contraception, sexually transmitted infections and pregnancy is taught with frequent reference back to the characteristics of healthy and safe relationships. Previously, students examined consent within friendships, here they learn about sexual consent and how this is different. Diversity in relationships is discussed further with lessons on mental health and people from the LGBTQ+ community due to the discrimination they face and how we can all be an ally to others. The topics become more sensitive here, but are appropriate for the year group as they have prior knowledge about relationships.

### **Conflict**

Using prior knowledge on discrimination, prejudice and humanitarian crises, students examine how conflict arises and what it means to be radicalised. Discussions surrounding how this might lead to stereotyping is key.

### **Next Generation awards**

Using all prior knowledge students identify a social issue in their community and campaign to tackle their selected problem e.g. increase of knife crime. This means students need to draw on prior lessons to include: teamwork, relationships, respect and tolerance, helping others and how to navigate safely online

## **HEALTH EDUCATION**

<b>Autumn Term Alcohol</b>	<b>Aim of the lesson</b>	<b>Resources needed / to print</b>	<b>Modern British Values</b>	<b>Careers</b>

and drugs				
Lesson 1	Laws relating to alcohol and drugs. Factual information about legal and illegal substances, associated risks, including impact to mental health. Focus on the economic implication of a smoking, alcohol, vaping addiction.	Powerpoint, print slide 1, 4, 7, YouTube video clip x 2 Tier 2 vocabulary - interact, categorise, classify Tier 3 - unlimited fine, prosecution, criminal conviction.	<ul style="list-style-type: none"> <li>• Democracy</li> <li>• Rule of Law</li> <li>• Respect and tolerance</li> <li>• Individual liberty</li> </ul>	<ul style="list-style-type: none"> <li>• Police officer</li> <li>• Counsellor</li> <li>• Psychiatrist</li> <li>• Medical professional</li> </ul>
Lesson 2	Our responsibilities to ourselves and others regarding alcohol	PowerPoint, print slide 3, print all four scenarios and give each student a set, YouTube video clip. Tier 2 vocabulary - associate, engage, demonstrate Tier 3 - alcoholism, cirrhosis	<ul style="list-style-type: none"> <li>• Democracy</li> <li>• Rule of Law</li> <li>• Respect and tolerance</li> <li>• Individual liberty</li> </ul>	<ul style="list-style-type: none"> <li>• Addiction counsellor</li> <li>• Mental health worker</li> <li>• Teacher</li> <li>• Social worker</li> <li>• Substance abuse counsellor</li> </ul>
Lesson 3	Vaping – How does vaping affect the human body?	PowerPoint Tier 2 vocabulary - observe, question, comprehend Tier 3 - peer on peer abuse, conformity, societal expectations	<ul style="list-style-type: none"> <li>• Democracy</li> <li>• Rule of Law</li> <li>• Respect and tolerance</li> <li>• Individual liberty</li> </ul>	Same as above
Lesson 4	CPR – Refresher course.	PowerPoint, CPR kits – ask A. Orlandini Tier 2 vocabulary - orient,	<ul style="list-style-type: none"> <li>• Democracy</li> <li>• Rule of Law</li> <li>• Respect and tolerance</li> <li>• Individual liberty</li> </ul>	<ul style="list-style-type: none"> <li>• Doctor</li> <li>• Nurse</li> <li>• Any profession regards first aid as an invaluable skill.</li> </ul>

		demonstrate, visualise		
		Tier 3 - cardio-pulmonary resuscitation		
ASSESSMENT 1	30 MINUTES ASSESSMENT ON THE EFFECTS OF ALCOHOL.		•	•

### RELATIONSHIPS

Autumn/Spring Relationships	Aim of the lesson	Resources needed / to print	Modern British Values	Careers
Lesson 5	Different types of bullying (cyber bullying and peer on peer abuse)	PowerPoint, Print slide 1 so students can explain what is happening in the image, print off slide 10, print slide 11, print slide 12,  Tier 2 vocabulary - conform, convert, emphasise  Tier 3 - Cyberbullying	<ul style="list-style-type: none"> <li>• Democracy</li> <li>• Rule of Law</li> <li>• Respect and tolerance</li> <li>• Individual liberty</li> </ul>	<ul style="list-style-type: none"> <li>• Teacher</li> <li>• Mental health worker</li> </ul>
CHECKPOINT 1			•	•
Lesson 6	The impact of bullying and Trolling via social media.	Print slides 1, 6 and 7 for activities. Video on bbc iplayer link in the notes section on the powerpoint. Reference to suicide pre-warn students.  Tier 2 vocabulary - alter, adjust, reflect  Tier 3 - trolling, digital footprint	<ul style="list-style-type: none"> <li>• Democracy</li> <li>• Rule of Law</li> <li>• Respect and tolerance</li> <li>• Individual liberty</li> </ul>	<ul style="list-style-type: none"> <li>• IT analyst</li> <li>• Police force</li> </ul>
Lesson 7	How to recognise when bullying and harassment is happening, and how to seek help or advice from others if needed	PowerPoint, print slide 1, print slide 4, print slide 7, Youtube video clip.  Tier 2 vocabulary - strengthen, replace, rearrange  Tier 3 - Social	<ul style="list-style-type: none"> <li>• Democracy</li> <li>• Rule of Law</li> <li>• Respect and tolerance</li> <li>• Individual liberty</li> </ul>	Same as above

		support		
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Spring/Summer RELATIONSHIPS	Aim of the lesson	Resources needed / to print	Modern British Values	Careers
Lesson 8	Practical steps that can be taken in a range of different contexts to improve or support respectful relationships.	Powerpoint, Print out resource on page 6 which is an information sheet for students to glue in their books, resource 3 page 8 to be printed and given to students to glue in their books, card sort to be printed to be placed on the decision tree.  Tier 2 vocabulary - translate, implicit  Tier 3 - Healthy and unhealthy characteristics	<ul style="list-style-type: none"> <li>• Democracy</li> <li>• Rule of Law</li> <li>• Respect and tolerance</li> <li>• Individual liberty</li> </ul>	<ul style="list-style-type: none"> <li>• Counsellor</li> <li>• Educator</li> <li>• Medical professional</li> <li>• Corporate industry</li> </ul>
Lesson 9	Consent – What it means?	Powerpoint, video embedded on slide 5.  Tier 2 vocabulary - communicate, conclusions  Tier 3 - 'freely given'	<ul style="list-style-type: none"> <li>• Democracy</li> <li>• Rule of Law</li> <li>• Respect and tolerance</li> <li>• Individual liberty</li> </ul>	<ul style="list-style-type: none"> <li>• Charity worker</li> <li>• Educator</li> </ul>
Lesson 10	Pregnancy, miscarriage and abortion	Powerpoint, print slide 4,  Tier 2 vocabulary - perspective, reflection Tier 3 - miscarriage, termination, gestation, foetus	<ul style="list-style-type: none"> <li>• Democracy</li> <li>• Rule of Law</li> <li>• Respect and tolerance</li> <li>• Individual liberty</li> </ul>	<ul style="list-style-type: none"> <li>• Medical professionals</li> </ul>
ASSESSMENT 2	RELATIONSHIPS		•	•
Lesson 11	Sexually transmitted infections and using contraception	Powerpoint, resources contained within PDF in folder. Print out all the information sheets for each infection (pages 55-57 in PDF). Split the class into groups and get them to rotate round each sheet. Print out contraceptive information sheets (or display on the board for students). Print out contraceptive chart for students to fill in.  Tier 2 vocabulary - Assimilate, advocate,	<ul style="list-style-type: none"> <li>• Democracy</li> <li>• Rule of Law</li> <li>• Respect and tolerance</li> <li>• Individual liberty</li> </ul>	<ul style="list-style-type: none"> <li>• Sexual Health clinic based jobs</li> <li>• Outreach work</li> <li>• Charity worker e.g. Umbrella.</li> </ul>

authority

Tier 3 - Chlamydia,  
syphilis

Spring/Summer Relationships	Aim of the lesson	Resources needed / to print	Modern British Values	Careers
Lesson 12	The biological and emotional aspects of sex. Links to Sexually Transmitted Infections/Diseases	Ground rules to be printed (one copy) all students to sign sheet for ground rules, PowerPoint, Print slide 6 for students (one each). Print slide 8. Make sure all students write down the signposting information.  Tier 2 vocabulary - context, facilitate  Tier 3 - biological characteristics	<ul style="list-style-type: none"><li>• Democracy</li><li>• Rule of Law</li><li>• Respect and tolerance</li><li>• Individual liberty</li></ul>	
CHECKPOINT 2			<ul style="list-style-type: none"><li>•</li></ul>	
Lesson 13	Sexual Images in the media and the impact of such explicit images.	PowerPoint, video to make played as a starter, link embedded into notes section on slide 1. Notes to make from PowerPoint. Print slide 1 for students. Watch 30 seconds of each music video. Card sort – students need to glue each image in their books and explain the impact.  Tier 2 vocabulary - exemplify, hindrance, imperative  Tier 3 - sexting	<ul style="list-style-type: none"><li>• Democracy</li><li>• Rule of Law</li><li>• Respect and tolerance</li><li>• Individual liberty</li></ul>	<ul style="list-style-type: none"><li>• Digital forensic analyst</li></ul>
Assessment 3	RSHE		<ul style="list-style-type: none"><li>•</li></ul>	<ul style="list-style-type: none"><li>•</li></ul>
Lesson 14	Next Generation awards - INTRO	PowerPoint, go through the INTRO ppt first to explain the awards to your class. Then move onto the second ppt. Students must be working on their projects across the next two weeks.  Please share the assessment checklist [excel document] with your group so they know what they will be assessed against.  Tier 2 vocabulary - implications, integrity	<ul style="list-style-type: none"><li>• Democracy</li><li>• Rule of Law</li><li>• Respect and tolerance</li><li>• Individual liberty</li></ul>	

		<b>Tier 3 - SOCIAL ACTION</b>		
Lesson 14 part 2	Next Generation awards – peer assessment	Students present their project to one another. Each group must peer assess one another using the peer feedback sheet in the folder.  The best TWO groups from your class will be assessed by an external examiner in the next few weeks. Please send APO team names and students full names asap.	<ul style="list-style-type: none"> <li>• Democracy</li> <li>• Rule of Law</li> <li>• Respect and tolerance</li> <li>• Individual liberty</li> </ul>	

Spring/Summer Relationships / Health and well-being – personal health	Aim of the lesson	Resources needed / to print	Modern British Values	Careers
Lesson 15	Conflict – What is it?	PowerPoint, conflict worksheets.  <b>Tier 2 vocabulary - renounce, perspective, justification</b>  <b>Tier 3 - militant</b>	<ul style="list-style-type: none"> <li>• Democracy</li> <li>• Rule of Law</li> <li>• Respect and tolerance</li> <li>• Individual liberty</li> </ul>	<ul style="list-style-type: none"> <li>• MP</li> <li>• Managerial roles</li> </ul>
Lesson 16	To become aware of some of the techniques used to coerce young people into militias, and of the existence of child soldiers	PowerPoint, Video clip, worksheet on Ethiopian boy to read as a class.  <b>Tier 2 vocabulary - inherent, facilitate, context</b>  <b>Tier 3 - child soldiers</b>	<ul style="list-style-type: none"> <li>• Democracy</li> <li>• Rule of Law</li> <li>• Respect and tolerance</li> <li>• Individual liberty</li> </ul>	Same as above
CHECKPOINT 3			•	
Lesson 17	To understand what radicalisation and extremism are and to understand the signs of radicalisation	PowerPoint, print case studies,  <b>Tier 2 vocabulary - conformity, authority</b>  <b>Tier 3 - radicalisation and extremism</b>	<ul style="list-style-type: none"> <li>• Democracy</li> <li>• Rule of Law</li> <li>• Respect and tolerance</li> <li>• Individual liberty</li> </ul>	Same as above
ASSESSMENT 4	CONFLICT		•	

Summer Equality Relationships	Aim of the lesson	Resources needed / to print	Modern British Values	Careers
Lesson 18	Understanding equality and discrimination in today's society. Link to equality Act 2010 and the LGBTQ+ community. Link to legislation.	PowerPoint, information sheet on two different individuals.  <b>Tier 2 vocabulary</b> - attribute, advocate, imperative  <b>Tier 3 - lesbian, gay, bisexual, transgender, intersex, asexual, queer</b>	<ul style="list-style-type: none"> <li>• Democracy</li> <li>• Rule of Law</li> <li>• Respect and tolerance</li> <li>• Individual liberty</li> </ul>	<ul style="list-style-type: none"> <li>• LGBTQ+ champion</li> <li>• Youth worker</li> <li>• Charity worker</li> </ul>
Lesson 19	To understand what is stereotyping, prejudice and discrimination.	PowerPoint  <b>Tier 2 vocabulary</b> - unjust, maintained, assume  <b>Tier 3 - escalation of hate, prejudice, discrimination, Equality Act 2010</b>	<ul style="list-style-type: none"> <li>• Democracy</li> <li>• Rule of Law</li> <li>• Respect and tolerance</li> <li>• Individual liberty</li> </ul>	
Lesson 20	To gain awareness of the terms homophobia, transphobia and biphobia.	PowerPoint  <b>Tier 2 vocabulary</b> - constraints, convention, emerged  <b>Tier 3 - homophobia, transphobia, biphobia</b>	<ul style="list-style-type: none"> <li>• Democracy</li> <li>• Rule of Law</li> <li>• Respect and tolerance</li> <li>• Individual liberty</li> </ul>	
Lesson 21	Gain knowledge of mental health issues and how it can affect the individual.	PowerPoint, YouTube documentary and accompanying worksheet 'through the rainbow lens'  <b>Tier 2 vocabulary</b> - considerable, stability,	<ul style="list-style-type: none"> <li>• Democracy</li> <li>• Rule of Law</li> <li>• Respect and tolerance</li> <li>• Individual liberty</li> </ul>	

		intervention		
		Tier 3 - depression, anxiety, bi-polar disorder		

\*Subject to change depending on the needs of the year group\*