

Year 11 guidance scheme of work

Year 11 students will have tutor time sessions once a week every Tuesday. These additional lessons will reinforce what they have previously learned lower down the school and consolidate knowledge gained during sessions ran by external guests.

External speaker sessions consist of presentations and drama delivered by the following companies in addition to workshops organised internally:

- ✦ Loudmouth sexual health theatrical group covering topics such as consent, domestic abuse, contraception, healthy relationships and sexually transmitted infections.
- ✦ West Midlands Police Force knife crime trainers covering real life incidents.
- ✦ DSM Foundation with a focus on recreational drug use and the devastating impact to life (parent workshops also organised to further support this)
- ✦ University of Birmingham discussing career paths and university choices (life skills)
- ✦ Sally Maybury the effects of alcohol abuse
- ✦ Alison Cope - Knife crime

Sequencing and rationale

Relationships

The first topic focuses on consolidating knowledge gained in year 10. Once this knowledge is secure the key information on relationships is applied to specific behaviours e.g. honour based violence and managing workplace relationships.

Sex Education

Again, prior knowledge is consolidated making sure students are aware of the importance of safe sex. Practical condom demonstrations are facilitated again. Here clinics such as the Umbrella clinic deliver workshops to students to increase their knowledge and skills regarding sexual health and well-being.

Health Education

Students use their prior knowledge on mental health to better understand life events such as pregnancy, miscarriage, discrimination due to one of the protected characteristics etc... Discussions about how all parties in the relationships feel if they experience such life events/discrimination. Students learn how to deal with such scenarios and identify the path to seeking support.

Further knowledge gained on health and well-being to include what FGM is, why it is wrong and what next steps should be taken. After this, menopause is taught linking to mental health. Students have prior knowledge on how to access health and social care services, mental health, healthy life style, healthy relationships and why coercion is wrong which they apply to FGM and the menopause to better understand the harm this will cause.

Life Skills/Economic Education

The year 11 curriculum ends with a block of lessons to help students enter the wider world and provide them with practical skills and knowledge needed to integrate into the working world.

Assessment: Unit assessments to be completed.

Tutor time sessions. Teachers have 15 minutes once a week to deliver the content planned out below. In addition to this, students receive a PSHE related assembly once a term and two drop down days per academic year. Also, external speakers frequently deliver important sessions to students to reinforce their existing knowledge on topics related to PSHE.

Lesson	Topic	Additional points	Modern British Values	Careers
Lesson 1: Introductory lesson Introduce first topic relationships.	Ground rules discussed for PSHE, learning journeys discussed, general discussion on the subject.	Powerpoint, learning journeys to be glued into exercise books.	Democracy Individual Liberty Mutual Respect	<ul style="list-style-type: none">• Counsellor• Therapist• Medical professional• Educator

<p>Students need to mind-map all knowledge regarding relationships they can recall from yr 10 PSHE.</p> <p>It is important that students can articulate what a healthy and unhealthy romantic relationships is before moving onto lesson 2.</p>		<p>APO will give you the journeys prior to start date. All students to sign the ground rules.</p> <p>Tier 2 vocabulary: Articulate, assimilate, Facilitate</p> <p>Tier 3 vocabulary: Ground Rules</p>	<p>Tolerance of other faiths and beliefs</p> <p>The rule of law</p>	<ul style="list-style-type: none"> Motivational Speaker Managerial roles
Lesson 2	<p>Relationships and sex education: 'Honour based' violence and forced marriage and how to safely access support</p>	<p>Tier 2 vocabulary: turbulent, significant, renounce</p> <p>Tier 3 vocabulary: Forced marriage</p>	<p>Democracy</p> <p>Individual Liberty Mutual Respect</p> <p>The rule of law</p>	<ul style="list-style-type: none"> Counsellor Therapist Medical professional Educator Motivational Speaker
Lesson 3	<p>Relationships: Managing relationships during challenging times</p>	<p>Powerpoint,</p> <p>Tier 2 vocabulary: feasible, imperative, decipher</p> <p>Tier 3 vocabulary: unwanted attention</p>	<p>Democracy</p> <p>Individual Liberty Mutual Respect</p> <p>Tolerance of other faiths and beliefs</p> <p>The rule of law</p>	<ul style="list-style-type: none"> Counsellor Therapist Medical professional Educator Motivational Speaker Managerial roles Train
Lesson 4	<p>Relationships: Coercive control in relationships</p>	<p>Powerpoint,</p> <p>Tier 2 vocabulary: stability, integrity, implications</p> <p>Tier 3 vocabulary: Coercive control</p>	<p>Democracy</p> <p>Individual Liberty Mutual Respect</p> <p>The rule of law</p>	<ul style="list-style-type: none"> Counsellor Therapist Medical professional Educator Motivational Speaker Managerial roles/Leadership Conflict management
Lesson 5	<p>Relationships: Sexual harassment</p>	<p>Powerpoint</p> <p>Tier 2 vocabulary: inferred, communicate, evaluate</p> <p>Tier 3 vocabulary: Sexual Harassment</p>	<p>Democracy</p> <p>Individual Liberty Mutual Respect</p> <p>The rule of law</p>	<ul style="list-style-type: none"> Counsellor Therapist Medical professional Educator Motivational Speaker Managerial roles Policy writer Government
Lesson 6	<p>Relationships and Sex Education: Managing unwanted attention in places of work</p>	<p>Powerpoint</p> <p>Tier 2 vocabulary: deduce, generalise, inform</p>	<p>Democracy</p> <p>Individual Liberty Mutual Respect</p> <p>The rule of law</p>	<ul style="list-style-type: none"> Counsellor Therapist Medical professional Educator

		Tier 3 vocabulary: Work place harassment		<ul style="list-style-type: none"> • Motivational Speaker • Managerial roles • HR
ASSESSMENT ONE RSE	TEACHERS - PLEASE USE THE STAMP PROVIDED TO ACKNOWLEDGE THE KNOWLEDGE RECALLED.			
Lesson 7	Relationships and Sex Education: Sexually Transmitted infections	Powerpoint Tier 2 vocabulary: Articulate, assimilate, Facilitate Tier 3 vocabulary: condom, chlamydia,	Democracy Individual Liberty Mutual Respect Tolerance of other faiths and beliefs The rule of law	<ul style="list-style-type: none"> • Counsellor • Therapist • Medical professional • Educator
Lesson 8	Relationships and Sex Education: Safer Sex and condom demonstration	Powerpoint Tier 2 vocabulary: Articulate, assimilate, Facilitate Tier 3 vocabulary: Condom, demonstrator	Democracy Individual Liberty Mutual Respect Tolerance of other faiths and beliefs The rule of law	<ul style="list-style-type: none"> • Counsellor • Therapist • Medical professional • Educator • Managerial roles
Lesson 10	Relationships and Sex Education: How the media portrays relationships and the potential impact of this on people's expectations of relationships	Powerpoint Tier 2 vocabulary: consider, conclude, consult Tier 3 vocabulary: stereotyping, discrimination	Democracy Individual Liberty Mutual Respect Tolerance of other faiths and beliefs The rule of law	<ul style="list-style-type: none"> • Counsellor • Therapist • Medical professional • Educator • Motivational Speaker • Managerial roles
Lesson 11	Relationships and Sex Education: The impact of pornography on relationships and expectations	Powerpoint Tier 2 vocabulary: illustrate, decipher, evaluate Tier 3 vocabulary: pornography, 'unrealistic expectations'	Democracy Individual Liberty Mutual Respect Tolerance of other faiths and beliefs The rule of law	<ul style="list-style-type: none"> • Counsellor • Therapist • Medical professional • Educator • Managerial roles
ASSESSMENT 2 RSE				
TOPIC 2 - ECONOMIC EDUCATION BLANK MIND-MAP - WHAT DO STUDENTS KNOW				

ABOUT ECONOMIC EDUCATION E.G. MORTGAGES, UTILITY BILLS, COUNCIL TAX ETC...				
Lesson 12	Life Skills: Managing finances - to include mortgage applications, applying for a driving license.	Powerpoint Tier 2 vocabulary: Articulate, assimilate, Facilitate Tier 3 vocabulary:	Democracy Individual Liberty Mutual Respect The rule of law	<ul style="list-style-type: none"> • HR • Finance and banking
Lesson 13	Life Skills: How to use feedback constructively when planning for the future	Powerpoint Tier 2 vocabulary: Articulate, assimilate, Facilitate Tier 3 vocabulary:	Democracy Individual Liberty Mutual Respect The rule of law	<ul style="list-style-type: none"> • Educator • Motivational Speaker • Managerial roles
Lesson 14	Life Skills: How to maximise employability, including managing online presence and taking opportunities to broaden experience	Powerpoint Tier 2 vocabulary: Articulate, assimilate, Facilitate Tier 3 vocabulary: Life skills	Democracy Individual Liberty Mutual Respect Tolerance of other faiths and beliefs The rule of law	<ul style="list-style-type: none"> • Educator • Motivational Speaker • Managerial roles
Lesson 15	Life Skills: Responsibilities and challenges in relation to working part time whilst studying	Powerpoint Tier 2 vocabulary: Articulate, assimilate, decipher, evaluate, consider, prioritise Tier 3 vocabulary: work/life balance	Democracy Individual Liberty Mutual Respect The rule of law	<ul style="list-style-type: none"> • Educator • Life coach
ASSESSMENT 3				
Lesson 16	Identity: Gender identity, gender expression and sexual orientation. Gender based discrimination. Topic 2: Gender Identity, mental health and health education [new mind-map]	Powerpoint Tier 2 vocabulary: Articulate, assimilate, adjust Tier 3 vocabulary: gender identity, transgender, non-binary, expression	Democracy Individual Liberty Mutual Respect Tolerance of other faiths and beliefs The rule of law	<ul style="list-style-type: none"> • Counsellor • Therapist • Medical professional • Educator • Motivational Speaker • Managerial roles

Lesson 17	Health Education: To recognise warning signs of common mental and emotional health concerns. To identify celebrities who have mental health struggles and normalise such	Powerpoint, some slides to be printed. Check powerpoint. Tier 2 vocabulary: Articulate, assimilate, represent	Democracy Individual Liberty Mutual Respect The rule of law	<ul style="list-style-type: none"> • Counsellor • Therapist • Medical professional • Educator • Motivational Speaker
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	feelings but knowing what to do. (including stress, anxiety and depression), what might trigger them and what help or treatment is available	Tier 3 vocabulary: Depression, anxiety, bi-polar disorder, schizophrenia		<ul style="list-style-type: none"> Managerial roles
Lesson 18	Pregnancy – what is pregnancy, miscarriage and abortion.	Powerpoint Tier 2 vocabulary: decipher, evaluate, consider Tier 3 vocabulary: trimester, abortion, miscarriage, post natal depression	Democracy Individual Liberty Mutual Respect Tolerance of other faiths and beliefs The rule of law	<ul style="list-style-type: none"> Counsellor Therapist Medical professional. Midwife. Gynaecology Educator Managerial roles
Lesson 19	Health Education: The importance of screening and how to perform self examinations	Powerpoint Tier 2 vocabulary: demonstrate, represent, visualise Tier 3 vocabulary: 'self-examination'	Democracy Individual Liberty Mutual Respect The rule of law	<ul style="list-style-type: none"> Counsellor Therapist Medical professional Educator
Lesson 20	Health Education: registering and accessing doctors, sexual health clinics, opticians and other health services	Powerpoint Tier 2 vocabulary: emphasise, assimilate, evaluate Tier 3 vocabulary:	Democracy Individual Liberty	<ul style="list-style-type: none"> Medical professional
Lesson 21	Health Education: What is FGM (Female Genital Mutilation)? The laws relating to FGM. Where to seek help and support.	Powerpoint Tier 2 vocabulary: Articulate, advocate, decipher Tier 3 vocabulary: Female Genital Mutilation	Democracy Individual Liberty Mutual Respect The rule of law	<ul style="list-style-type: none"> Medical professional Educator
Lesson 22	Health Education: Menopause - what happens when females experience this biological and emotional shift in fertility?	Powerpoint. Tier 2 vocabulary: substitute, persevere, research Tier 3 vocabulary: menopause	Democracy Individual Liberty Mutual Respect Tolerance of other faiths and beliefs The rule of law	<ul style="list-style-type: none"> Counsellor Therapist Medical professional Educator
ASSESSMENT 4				<ul style="list-style-type: none">