

## **Psychology Bridging Summer Activity**

Welcome to psychology, for a large number of you this subject will be new to you making it even more important to prepare you for September with the basic concepts of psychology.

Over the summer break I would like for you all to complete the following activities. All activities are going to be very important for the start of the psychology course and help you develop a basic understanding of the topics you will be learning.

### **Approaches Task:**

You need to carry out research to into the following:

- ***Biological approach***
- ***Cognitive approach***
- ***Behaviourism***
- ***Social Learning Theory***
- ***Psychodynamic***

All of the above are key approaches in psychology and you will be studying them in September. For each approach find out:

- **Key assumptions of each approach to explain human behaviour**
- **Main psychological research into each approach**
- **Identification of key words and definitions associated with each approach**

### **Research Methods based Task:**

- What are the key elements to a psychological report?
- Is psychology a science? Discuss

Find the following definitions for the key terms below and create a glossary to store in your folders:

- ***External and Internal Validity***
- ***External Reliability***
- ***Internal Reliability***
- ***Ecological Validity***
- ***Population validity***
- ***Historical Validity***
- ***Demand Characteristics***
- ***Experimenter Bias***
- ***Subjectivity***
- ***Empirical evidence***
- ***Generalising***
- ***Extraneous Variables***
- ***Causality***
- ***Social desirability***

**Mind Map:**

Create an overview poster (A4 or A3) of what you believe psychology to be and the basic principles of psychology. This will link into the work you will complete on your first task (Approaches).

Make links with key research and their importance in the world of psychology. Include how the media portrays psychology and include a key example of a news report that has focused on an area of psychology that you will study over the next two years.

Enjoy and I look forward to seeing you in September.

Miss Field